

MISSISSAUGA CAMP



Aug 14 to 18, 2023



Iceland Arena

Join us this summer for a ringette filled week.
Learn from some of the best, most passionate
ringette players!

2 groups:

2012-2014 Birthdates

2008-2011 Birthdates

Features:

- 13 ice sessions throughout the week
- Building the athletes confidence and abilities
- NRS Jersey keepsake
- Team building activities
- Fitness
- Mental training and strategy sessions
- Showcase scrimmage on Friday afternoon
- Runs from 8:00am to 4:30pm approximately

Register online: www.thenrs.com

NATIONAL
RINGETTE

SCHOOL